



CHARITY 100 ROUNDS OF SPARRING

Sunday 25th March

Registration 11.30am

Sparring 12.00 midday PROMPT



- ✓ Open to all Martial Artists who hold a current insurance/licence
- ✓ £5 joining fee (optional reimbursement from sponsorship money you collect)
- ✓ Amazing prizes for top Junior and Adult Fund Raisers
- ✓ Semi Contact or Non Contact welcome – NO SWEEPS, KNEES/ELBOWS OR KICKS BELOW THE BELT
- ✓ Medic/first Aider on site
- ✓ Lots of parking
- ✓ Fun, friendly and ALL WELCOME



Uplands School, Tadpole Lane, Swindon, SN25 2NB

All the funds raised are going to Uplands School, Uplands is a school for students with severe (SLD) or profound and multiple learning difficulties (PMLD) aged 11 – 19 years and/or Autistic Spectrum Condition (ASC).



Text 07825 433487, Email northwiltstkd@gmail.com or

Facebook message Leanne Lolley to join and get your sponsorship form

Sponsorship Form

Please sponsor me for the above event (name of participant):	
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From (name of Martial Arts School, participant attends):	
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Sponsor's Full Name (First name & surname)	Sponsor's Home address	Postcode	Donation Amount £	Date paid

Sub Total donations received

Discount £5 Participating Fee (Optional)

Total donations received
